

Certificate in Therapeutic Horticulture (Classroom and Synchronous) – NP CET Academy

*Schedule subject to changes.

SN	Day	Date	Week / Mode	Topics	Total Hours	Trainer(s)
1	Day 1 (Tue)	31-Oct-23: 9am – 5pm	WEEK 1 E-learning - Zoom	Introduction to horticulture	7hrs	Mr. Saiful Anuar Said
2	Day 2 (Wed)	1-Nov-23: 9am – 5pm	Classroom – Face to Face	Plants selection and maintenance	7hrs	
3	Day 3 (Thu)	2-Nov-23: 9am – 5pm	Classroom – Face to Face	Pest and disease management	7hrs	
		5-6pm	Online	Overview and management of mental illness & stroke and recover expectations	1hr	Prof Roger Ho
4	Day 4 (Fri)	3-Nov-23: 9am – 5pm	Classroom – Face to Face	Therapeutic garden design	7hrs	Mr. Tham Xin Kai
5	Day 5 (Mon)	6 -Nov-23: 9am – 1pm	WEEK 2 E-learning - Zoom	Occupational therapy perspectives for Autism Spectrum Disorder (ASD) – Part 1	4 hrs	Ms. Jewel Yi
6	Day 6 (Tue)	7-Nov-23: 9-12pm	WEEK 2 E-learning - Zoom	Occupational therapy perspectives for Autism Spectrum Disorder (ASD) – Part 2	3 hrs	
		1-3pm	WEEK 2 E-learning - Zoom	Common mental illnesses and difficulties faced. Types of therapies available for specific clients and its benefits	2 hours	

7	Day 7 (Wed)	8-Nov-23 9am-5pm	E-learning - Zoom	Occupational therapy perspectives for stroke and dementia clients	7 hours	Jessica Tan Wan Ru
8	Day 8 (Thu)	9-Nov-23: 9am - 5pm	Classroom – Face to Face	The horticultural therapy framework	7 hrs	Ms. Elizabeth Diehl
9	Day 9 (Fri)	10-Nov-23: 9am - 5pm		Treatment plans and goals in therapeutic horticulture	7 hrs	Ms. Elizabeth Diehl
10	Day 10 (Tue)	14-Nov-23: 9am - 5pm		WEEK 3 Classroom – Face to Face	Activity selection process	7 hrs
11	Day 11 (Wed)	15-Nov-23: 9am - 5pm	Assessment briefing (Report writing)	7 hrs		
12	Day 12 (Thu)	16-Nov-23: 9am - 5pm	Working with clients	7 hrs		
13	Day 13 (Fri)	17-Nov-23: 9am - 5pm	Documentation	7 hrs		
			Treatment session planning	7 hrs		
14	-	29 Dec 2023	-	Assessment briefing (Report writing)	-	
				Report submission deadline		